



GoodLife
CORPORATE WELLNESS

Your organization has invested
in your Health & Wellness!



CONVENTION OF
ATLANTIC
BAPTIST CHURCHES
Healthy churches. Missional churches.

CABC - GoodLife Fitness Partnership

To learn more, and to join the program, contact Rev. Cheryl Ann Beals at
cherylann.beals@baptist-atlantic.ca

This membership offer is open to CABC Pastors, CABC staff, those who are part of CABC benefits plan, and family members of the same household (The pastor or staff member must be a member before family members can join.). Those who already have a membership, please contact Cheryl Ann Beals for information on the process for transferring membership.

Membership Information:

- Up to 55% off regular GoodLife Fitness membership rates. Our negotiated rate per 12 month membership is **\$429 + taxes + \$10 processing fee: Residents in NS: \$504. NB & NL: \$495**
- Access to over 300 GoodLife Fitness Clubs across Canada – Including over 70 Energie Cardio Clubs in Quebec
- State-of-the-art cardio equipment, all free weights and weight machines
- World-renowned Group Exercise fitness classes
- Towel Service (where available)
- Child minding (available at an additional fee)
- Seeking a health or fitness assessment? Ask at the club about the LifeChanger

Registration Information:

- Membership payments for this one year membership (September 15/15 – September 14/16) are a **onetime, paid in full** payment by credit card, cash or cheque payable to CABC
- Online registration & credit card payment here: <https://atl.baptist.wufoo.eu/forms/cabc-good-life-fitness-registration-2015/>
- Cheques and registration can be sent to CABC offices: 1655 Manawagonish Road, Saint John, NB E2M 3Y2

** If you are unable to pay total amount we suggest approaching your church to pay the registration and then reimbursing church in agreed upon installments.*

Encouraging Healthy Leaders and Healthy Churches

Rev. Cheryl Ann Beals, Director of Clergy Formation & Wellness (cherylann.beals@baptist-atlantic.ca)

To find a GoodLife Fitness club near you, visit www.goodlifefitness.com or call 1-877-597-1348

1-877-348-8742 | goodlifefitness.com/workplacewellness