

Masterclass with Rev. Dr. Carson Pue

May 25, 2021 Zoom Chat Transcript Breakout Room Reports:

What are the bi-products of self-awareness?

- Confidence, Honesty and Geniuses (of yourself and others)
- Clearer Vision
- Empathy
- Ability to process Information more appropriately
- Calmness
- reduces threats; rested, peace, joy; creativity allowing more ebb and flow; helps you accept others; more sensitive and discerning; you experience the full range of emotions.
- Knowing you are forgiven = joy, freedom, peace
- Better relationships
- Freedom, Permission to feel, Control.
- confidence, hiring to fill in the gaps, helps dealing with conflicts, recognize the the need for help
- self-confidence, guilt, insight (as to fit, where we have gaps and need others, understanding why some things frustrate us and why other things give us great joy)
- Less anxiety/greater sense of peace, secure, Knowing limitations, when to say no, motivation to be more Christlike, Spills into relationships, impacts others, more accepting others, empathy/grace, less judgmental, allow others to lead, core confidence, not afraid of someone else shining, not afraid to ask for help.
- More vulnerable, not having to try to be someone you are not
- Authenticity and awareness, leading to an attractiveness or appeal toward the leader
- 14:06:14 From Angela Wade to Everyone : Rest, not as judgmental, emotional maturity, good listener, greater resiliency, doesn't get defensive, empathy/grace, avoid blind spots, overcome temptations
- Depth, integrity and discernment
- accepting our limitations, which may lead to humility and healthy boundary-setting; freedom from being driven by others' expectations; a new sense of confidence in your abilities; relational mutuality and responsiveness to others; surprise elements on the positive side but also opportunities for improvement; surrendering our sense of control, listening to feedback and constructive criticism; being vulnerable to hearing what God says about us; alignment to God's purposes; growth in our spirits. Whew!
- 1) Discernment in knowing my role in and how I respond to conflict. 2) I become more aware of what God wants me to be and do each. 3) As I turn inward I realize more my dependency on God to continue to serve with the Lord. 4) I learn the best way to respond to each situation, not taking things personally and being more helpful to others and myself.